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### **Question 1**

Which of the following was not one of the procedures identified by the authors that a profession can put into place to help ensure ethical behavior by all?

- A) A credentialing process
- B) Signing a loyalty pledge
- C) Graduation for academic programs
- D) Requiring the completion of an internship

Answer: https://biology-forums.com/index.php?topic=255400

# **Question 2**

Funding agencies are increasingly supporting

- A) substance abuse programs.
- B) specific health problems.
- C) global strategies.
- D) child abuse prevention programming.

Answer: https://biology-forums.com/index.php?topic=255904

#### Question 3

Which of the following is not considered as one of the three major categories of health agencies/associations/organizations?

- A) Governmental
- B) Quasi-governmental
- C) Non-governmental
- D) Corporations

Answer: https://biology-forums.com/index.php?topic=255672

#### Question 4

Which of the following is the best descriptor of the socio-ecological approach?

- A) Behaviors are influenced by interdependent domains.
- B) Social circumstances are the prominent domain that influences health behaviors.
- C) Genetics and the environment are the only variables of interest when developing interventions.
- D) Family influences are the most important determinant of health.

Answer: https://biology-forums.com/index.php?topic=255261

### Question 5

The philosophy that the human is a unified integrated organism is termed

- A) holistic.
- B) humanism.
- C) eclectic.
- D) symmetry.

Answer: https://biology-forums.com/index.php?topic=255030

## **Question 6**

Multitasking refers to

- A) the skill to utilize multiple computer programs at the same time.
- B) the skill of coordinating the completion of multiple health projects at the same time.
- C) a specific committee structure that allows for various committee members to function in different capacities to conduct committee work.
- D) a type of professional preparation that prepares health education students to work in various settings such as schools, public health departments, and corporations.

Answer: https://biology-forums.com/index.php?topic=255567

### Question 7

"Water casting" was a

- A) means of diagnosing a patient's condition by examining the urine for changes in color.
- B) means of casting out demons by throwing water on the inflicted individual.
- C) method for diagnosing syphilis during the Roman era.
- D) condition in which water was retained by the body when infected with leprosy.

# Principles and Foundations of Health Promotion and Education - 373 Total Questions -

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Answer: https://biology-forums.com/index.php?topic=254828

#### **Question 8**

According to the \_\_\_\_\_, the constructs of information, motivation, and behavioral skills are fundamental determinants of preventive behaviors.

- A) Health Belief Model
- B) Social Network Theory
- C) Precaution Adoption Process Model
- D) Information-Motivation-Behavioral Skills Model

Answer: https://biology-forums.com/index.php?topic=255285

### **Question 9**

The major components of this model include agent, host, and environment.

- A) Epidemiology
- B) The Chain of Infection
- C) Multicausation Design Model
- D) Communicable Disease Model

Answer: https://biology-forums.com/index.php?topic=254708

#### Question 10

According to the authors, which of the following is not an important area to consider when evaluating information retrieved on the Internet?

- A) The credentials of the author
- B) Clearly identified publisher information
- C) Goals/aims of the site
- D) Date of authorship or posting

Answer: https://biology-forums.com/index.php?topic=255846

### **Question 11**

The health education philosophy that espouses the enactment of policies or laws to enhance the health of individuals and groups is

- A) decision-making philosophy.
- B) freeing/functioning philosophy.
- C) social change philosophy.
- D) cognitive-based philosophy.

Answer: https://biology-forums.com/index.php?topic=255090

### Question 12

recommend that those wanting careers in the worksite setting consider getting one of the following combinations of degrees

- A) health promotion and nutrition sciences.
- B) public health and health promotion.
- C) exercise physiology and worksite wellness management.
- D) nursing and worksite wellness management.

Answer: https://biology-forums.com/index.php?topic=255632

### **Question 13**

The Intervention Mapping model consists of \_\_\_\_\_steps

- A) five
- B) six
- C) seven
- D) eight

Answer: https://biology-forums.com/index.php?topic=255158

# **Question 14**

The Health Educator is a publication for which of the following organizations?

- A) Eta Sigma Gamma
- B) American School Health Association
- C) American Academy of Health Behavior
- D) International Union for Health Promotion and Education

Answer: https://biology-forums.com/index.php?topic=255761

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### **Question 15**

Which of the following questions is not used to formulate a personal philosophy for a health education specialist?

- A) What are my ideals?
- B) How do my values influence the way I act?
- C) What principles influence my friend's decisions?
- D) What factors help shape reality for me?
- Answer: https://biology-forums.com/index.php?topic=255069

### **Question 16**

A rate for a specific population subgroup (e.g. death rate for 40—50 year olds) is referred to as

- A) crude rate.
- B) a specific rate.
- C) the mortality rate.
- D) the morbidity rate.

Answer: https://biology-forums.com/index.php?topic=254629

#### **Question 17**

Health education specialists working in this setting will need to be able to create a logical scope and sequence to health content units.

- A) Schools
- B) Worksites
- C) Public/community health
- D) Health care

Answer: https://biology-forums.com/index.php?topic=255865

#### **Question 18**

Which planning model is a socio-ecological planning approach?

- A) CDCynergy (CDC)
- B) PRECEDE-PROCEED (Green & Kreuter)
- C) Multilevel Approach to Community Health (MATCH)
- D) Mobilizing for Action through Planning and Partnerships (NACCHO)
- Answer: https://biology-forums.com/index.php?topic=255154

# **Question 19**

The development of a well-considered philosophy provides the underpinnings that support the bridge between

- A) education and work.
- B) esoteric and practice.
- C) theory and practice.
- D) practice and patience.

Answer: https://biology-forums.com/index.php?topic=254982

#### **Question 20**

Which one of the following was not mentioned as a potential funding source for quasi-governmental agencies?

- A) Community fund-raising
- B) Governmental allocations
- C) Product endorsement
- D) Fees for services

Answer: https://biology-forums.com/index.php?topic=255685