

Question 1

A patient tells the nurse that she is extremely unhappy at her job and she doesn't know what to do. Using Rogerian therapeutic techniques, how might the nurse respond?

1. "Let's make a plan for how you can handle this situation."
2. "This situation sounds really awful. I think you should quit."
3. "Tell me more about what is happening and how it makes you feel."
4. "You really need to think about whether you are contributing to the difficulties you are having."

Answer: <https://biology-forums.com/index.php?topic=599012>

Question 2

The nurse is discussing the benefits of play therapy with the parents of a 4-year-old child. The nurse explains that play theory assists children with developing which skills? Select all that apply.

1. Expressing feelings
2. Working through conflicts
3. Interrupting patterned behavior
4. Improving problem solving skills
5. Improving eye-hand coordination

Answer: <https://biology-forums.com/index.php?topic=599917>

Question 3

What factors influence the metabolic liver enzymes contained in the cytochrome P450 system?

1. Genetics
2. Excretion
3. Drug half-life
4. Acid-base balance in the body

Answer: <https://biology-forums.com/index.php?topic=599651>

Question 4

The charge nurse is caring for a patient recently diagnosed with an anxiety disorder. The patient has an identical twin. The nurse knows that which condition increases the likelihood that the undiagnosed twin will suffer from the same disorder? Select all that apply.

1. Genetics
2. Environment
3. Shared trauma
4. Psychological influences
5. Developmental influences

Answer: <https://biology-forums.com/index.php?topic=599321>

Question 5

The nurse is working with a patient who has revealed to the nurse that she hits her toddler with a wooden paddle when she is angry. When the child visits, the nurse sees bruises and welts on the child's legs. The patient asks the nurse not to tell anyone because she is ashamed and afraid the child will be taken away from her. What is the most appropriate response by the nurse?

1. "I won't tell anyone. HIPAA protects this information."
2. "I will not report this if you sign a contract stating that you won't hit the child again."
3. "I will have to report this because it is my legal obligation to do so as a nurse."
4. "I will refer you to social services so they can discuss it with you."

Answer: <https://biology-forums.com/index.php?topic=599247>

Question 6

A nurse is asked to consult with the local domestic violence shelter where the shelter employees state that individuals from a particular culture do not use the services offered. An employee states, "I bet that these women are being abused because of the violent nature of that culture." What recommendation will the nurse suggest?

1. The agency should place flyers in the local schools.
2. The agency should advertise their services in the local newspaper.
3. The agency should add a culturally competent greeting on the agency's phone message.
4. The agency should promote culturally competent values, policy, structures, and practices.

Answer: <https://biology-forums.com/index.php?topic=599054>

Question 7

The nurse assesses a patient and finds several old and fresh bruises in the abdominal area, as well as signs of malnutrition. What is the most appropriate question for the nurse to ask?

1. "Are you dieting?"
2. "Has someone been hurting you?"
3. "Do you have an alcohol problem?"
4. "Have you had any falls lately?"

Answer: <https://biology-forums.com/index.php?topic=599764>

Question 8

The nurse in an emergency department is conducting mental health assessments. The nurse recognizes that which patients are at greatest risk for a suicide attempt? Select all that apply.

1. A 45-year-old with a personality disorder
2. A 19-year-old with a recent diagnosis of schizophrenia
3. A 35-year-old working mother who is brought in by her co-worker
4. A 22-year-old soldier recently returned from deployment in Afghanistan
5. A 15-year-old who sprained his ankle while camping with his church group

Answer: <https://biology-forums.com/index.php?topic=599796>

Question 9

A patient tells the nurse, "I have been waiting two hours to be discharged. What is the problem?" The patient is pacing the room and glaring at staff members. What is the nurse's best action to prevent patient aggression?

1. Call hospital security to be prepared if the patient becomes aggressive.
2. Ask the patient to remain seated and retrieve the patient's discharge paperwork.
3. Acknowledge the patient's feelings and leave the room in order to avoid confrontation.
4. Acknowledge the patient's feelings and determine the status of the patient's discharge paperwork.

Answer: <https://biology-forums.com/index.php?topic=599725>

Question 10

A patient with a history of alcohol dependence is discharged with nutritional recommendations to increase the intake of vitamin B foods and thiamine. What factor does the nurse recognize as most likely to impede the patient's ability to adhere to the treatment plan?

1. Age
2. Education level
3. Lifestyle habits
4. Social environment

Answer: <https://biology-forums.com/index.php?topic=599058>

Question 11

A nurse is performing a spirituality assessment on a patient who is being admitted with acute mania. What question will the nurse ask the patient during the initial assessment of the patient's spirituality? Select all that apply.

1. "Do you have a religious preference?"
2. "What is your source of support or meaning in this experience?"
3. "Are there any spiritual or religious practices that are important to you?"
4. "Would you like me to contact your clergy member or religious leader?"
5. "In what ways has your illness affected your view of yourself or of others or your faith?"

Answer: <https://biology-forums.com/index.php?topic=599076>

Question 12

The community health nurse is teaching a group of adults about crisis experienced by various populations. Which statement by one of the group members indicates that the nurse's teaching has been effective?

1. "A good example of an adventitious crisis is a complicated divorce."
2. "I will be aware that maturational crisis may occur more frequently among my older adult patients."
3. "Patients with chronic illness are at greater risk for situational crisis than individuals without chronic illness."
4. "Adventitious crisis may occur in patients who have miscarried during pregnancy or have delivered a preterm infant."

Answer: <https://biology-forums.com/index.php?topic=599774>

Question 13

When reviewing the plan of care for a patient with mental illness, the nurse notes that the patient is not meeting one of the established goals. What is the nurse's best action?

1. Collaborate with the patient to reassess the plan of care.
2. Collaborate with the health care provider to reassess the plan of care.
3. Change the plan of care according to the patient's most recent assessment.
4. Change the plan of care according to the newly defined nursing diagnosis.

Answer: <https://biology-forums.com/index.php?topic=599205>

Question 14

What was the treatment model used by Matilda Coskery?

1. Moral therapy
2. Biomedical treatment
3. Interpersonal therapy
4. Brief solution-focused therapy

Answer: <https://biology-forums.com/index.php?topic=598977>

Question 15

While performing a suicide assessment, the nurse asks the patient, "Have you ever thought of taking your own life?" What is the rationale for the nurse's question? Select all that apply.

1. It directly addresses the issue of suicide.
2. It causes the patient to think about suicide.
3. It gives the patient an idea about suicide methods.
4. It causes the patient to open up about other suicide attempts.
5. It alleviates the patient's anxiety about considering suicide.

Answer: <https://biology-forums.com/index.php?topic=599808>

Question 16

A 92-year-old patient who lives alone comes to an appointment with a new neighbor. She reports that she just bought the neighbor a new car so that the neighbor would be more comfortable bringing the patient to appointments. The nurse suspects financial abuse. What should the nurse do?

1. Tell the neighbor that you are watching her.
2. Tell the patient to stop relying on the neighbor.
3. Tell the patient to move to a skilled nursing facility
4. Tell the state's protective agency the nurse suspects financial abuse.

Answer: <https://biology-forums.com/index.php?topic=599995>

Question 17

What quality, emphasized by Vincent dePaul in the 17th century, would a psychiatric nurse find important in her practice today?

1. Spirituality
2. Humility
3. Practicality
4. Obedience

Answer: <https://biology-forums.com/index.php?topic=598948>

Question 18

The nurse is conducting research on violence in the community for a community health assessment. Which socioeconomic factors will the nurse include in the research? Select all that apply.

1. Age
2. Race
3. Poverty
4. Inequality
5. Substance use

Answer: <https://biology-forums.com/index.php?topic=599734>

Question 19

Which alteration of the psychological domain may occur in patients with sleep disorders?

1. Decreased immune function
2. Impaired cognitive functioning
3. Inability to perform work tasks
4. Decreased enjoyment in social activities

Answer: <https://biology-forums.com/index.php?topic=599287>

Question 20

The nurse is caring for a patient with paraphilia who is prescribed a selective serotonin-reuptake inhibitor (SSRI) for symptom management. What additional treatment is often used in conjunction with SSRIs for patients with paraphilia?

1. MAOI
2. Electroconvulsive therapy (ECT)
3. Group psychotherapy
4. Individual therapy

Answer: <https://biology-forums.com/index.php?topic=599541>