

Question 1

Challenging issues in the study of adult development and aging include _____.

- a) working with disciplines other than one's own
- b) balancing the emphasis on young, middle and late adulthood
- c) highlighting both group trends based on age and individual differences
- d) All of the above

Answer: <https://biology-forums.com/index.php?topic=297813>

Question 2

The Hershey Company is cutting more jobs in Lancaster County, Pennsylvania. Sara Stoltzfus held one of 80 positions Hershey eliminated at the local Y and S Candies plant. The plant, which has 520 workers, manufactures Twizzlers licorice. Sara, a single mother of two, decided to create a "game-plan" during the time she collects unemployment that includes reducing her expenses while looking for work. Sara's coping strategy is best described as using:

- a) Problem-focused
- b) Emotion –focused
- c) Denial of Stress
- d) Humor

Answer: <https://biology-forums.com/index.php?topic=298082>

Question 3

While hearing aids can help in many situations, they are often rejected by older adults because of _____.

- a) expense
- b) maintenance
- c) sense that they signal frailty
- d) All of the above

Answer: <https://biology-forums.com/index.php?topic=298035>

Question 4

Researchers often describe positive psychology as a strengths-based approach, emphasizing an individual's _____.

- a) attitude and feelings for coping and growth strategies
- b) reasoning that allows for rational coping and growth strategies
- c) strengths and resilient qualities that allow for productive coping and personal growth
- d) orientation to problem solving that allows for productive coping and personal growth

Answer: <https://biology-forums.com/index.php?topic=297814>

Question 5

Within a family system an individual is generally at retirement age before being seen as an authority in the family.

Is it true or is it false?

Answer: <https://biology-forums.com/index.php?topic=297937>

Question 6

Healthy strategies for coping with stress are problem-focused and emotion-focused.

Is it true or is it false?

Answer: <https://biology-forums.com/index.php?topic=297865>

Question 7

Which of the following medical issues has been called an epidemic and one of America's "most challenging public health problems" (Kaplan, 2007); whereby the percentage of Americans manifesting this issue has more than doubled since 1980 (Tomiyama, Westling, Lew, Samuels, & Chatman, 2007), with more dramatic increases found among men (CDC, 2007)?

- a) Obesity
- b) Smoking
- c) Cancer
- d) Alcoholism

Answer: <https://biology-forums.com/index.php?topic=297881>

Question 8

Which of the three metatheories emphasize individual's genetically predetermined patterns of development, which are revealed through maturation and influenced by stimulation from the environment?

- a) Mechanistic Metatheory
- b) Organismic Metatheory
- c) Contextual Metatheory
- d) None of the above

Answer: <https://biology-forums.com/index.php?topic=297821>

Question 9

Which of the following reasons would be high as a Grandparenting reward?

- a) The joys of sharing activities and watching grandchildren grow up while having the freedom to be involved only when desired
- b) The opportunity to be a surrogate parent
- c) Individuals who will finally listen to you
- d) All of the above

Answer: <https://biology-forums.com/index.php?topic=297955>

Question 10

_____ refers to the symptoms involved in making a diagnosis.

- a) Disease
- b) Illness
- c) Prognosis
- d) Evaluation

Answer: <https://biology-forums.com/index.php?topic=298059>

Question 11

The _____ proposes a structure in which energy travels along many pathways of connected units of information at once, allowing for the retrieval and manipulation of procedural, semantic, and episodic memories simultaneously.

- a) Information processing model
- b) Murdock's model
- c) Atkinson-Shiffrin model
- d) PDP model

Answer: <https://biology-forums.com/index.php?topic=297978>

Question 12

In sexuality research, participants may withhold the truth and give what they believe to be socially appropriate responses because honest responses could be _____.

- a) embarrassing
- b) stigmatizing
- c) illegal
- d) All of the above

Answer: <https://biology-forums.com/index.php?topic=298039>

Question 13

Brain imaging produced by structural scans, such as CT and MRI scans, have demonstrated brain atrophy, beginning for most people after age _____.

- a) 20
- b) 40
- c) 60
- d) 80

Answer: <https://biology-forums.com/index.php?topic=297979>

Question 14

The term "aging" can be divided into distinguishing between external or environmentally. What is the term that refers to decline seen just prior to death?

- a) Primary aging
- b) Secondary aging
- c) Tertiary aging
- d) Quaternary aging

Answer: <https://biology-forums.com/index.php?topic=298029>

Question 15

Researchers find that 25% of married men have engaged in extramarital affairs.

Is it true or is it false?

Answer: <https://biology-forums.com/index.php?topic=298014>

Question 16

Older drivers cause the greatest number of accidents when the weather is bad.

Is it true or is it false?

Answer: <https://biology-forums.com/index.php?topic=298079>

Question 17

_____ refers to the side effects and related problems.

- a) Disease
- b) Illness
- c) Prognosis
- d) Evaluation

Answer: <https://biology-forums.com/index.php?topic=298060>

Question 18

Events of September 1, particularly the World Trade Center attacks, may be a sound example for what type of memory.

- a) Episodic memory
- b) Non-episodic memory
- c) Procedural memory
- d) Flashbulb memories

Answer: <https://biology-forums.com/index.php?topic=297985>

Question 19

Of the following, select the one(s) that is/are advance directive(s).

- a) Living will
- b) Psychiatric advance directives
- c) Health care proxy
- d) All of the above

Answer: <https://biology-forums.com/index.php?topic=298106>

Question 20

Most researchers see "self" as a unified concept and approach it that way.

Is it true or is it false?

Answer: <https://biology-forums.com/index.php?topic=298121>