

Question 1

Which assessment findings are likely for an individual who recently injected heroin?

- a. Anxiety, restlessness, paranoid delusions
- b. Muscle aching, dilated pupils, tachycardia
- c. Heightened sexuality, insomnia, euphoria
- d. Drowsiness, constricted pupils, slurred speech

Answer: <https://biology-forums.com/index.php?topic=355886>

Question 2

A nurse will prepare teaching materials for the parents of a child newly diagnosed with attention deficit hyperactivity disorder (ADHD). Which medication will the information focus on?

- a. Paroxetine (Paxil) c. Methylphenidate (Ritalin)
- b. Imipramine (Tofranil) d. Carbamazepine (Tegretol)

Answer: <https://biology-forums.com/index.php?topic=355191>

Question 3

Which comment best indicates a patient is self-actualized?

- a. "I have succeeded despite a world filled with evil."
- b. "I have a plan for my life. If I follow it, everything will be fine."
- c. "I'm successful because I work hard. No one has ever given me anything."
- d. "My favorite leisure is walking on the beach, hearing soft sounds of rolling waves."

Answer: <https://biology-forums.com/index.php?topic=354725>

Question 4

A person diagnosed with serious mental illness has frequent relapses, usually precipitated by situational stressors such as running out of money or the absence of key staff at the mental health center. Which interventions would the nurse suggest to reduce the risk of stressors to cause relapse? Select all that apply.

- a. Discourage potentially stressful activities such as groups or volunteer work.
- b. Develop written plans that will help the patient remember what to do in a crisis.
- c. Help the patient identify and anticipate events that are likely to be overwhelming.
- d. Encourage health-promoting activities such as exercise and getting adequate rest.
- e. Accompany the patient to a National Alliance on Mental Illness support group.

Answer: <https://biology-forums.com/index.php?topic=356404>

Question 5

The staff development coordinator plans to teach use of physical management techniques for use when patients become assaultive. Which topic should the coordinator emphasize?

- a. Practice and teamwork c. Caution and superior size
- b. Spontaneity and surprise d. Diversion and physical outlets

Answer: <https://biology-forums.com/index.php?topic=356158>

Question 6

A patient says, "I have taken megadoses of vitamin E for 3 months to improve my circulation, but I think I feel worse." Which action should the nurse take first?

- a. Explain to the patient that megadoses may be harmful and advise caution.
- b. Assess the patient for symptoms and signs of toxicity from excess vitamin exposure.
- c. Assess for signs of circulatory integrity to determine whether improvement has occurred.
- d. Educate the patient that research has not shown that megadoses of vitamins produce benefits.

Answer: <https://biology-forums.com/index.php?topic=356574>

Question 7

A nurse prepares to assess a new patient who moved to the United States from Central America three years ago. After introductions, what is the nurse's next comment?

- a. "How did you get to the United States?"
- b. "Would you like for a family member to help you talk with me?"
- c. "An interpreter is available. Would you like for me to make a request for these services?"

d. "Are you comfortable conversing in English, or would you prefer to have a translator present?"

Answer: <https://biology-forums.com/index.php?topic=355020>

Question 8

An adult comes to the crisis clinic after termination from a job of 15 years. The patient says, "I don't know what to do. How can I get another job? Who will pay the bills? How will I feed my family?" Which nursing diagnosis applies?

- a. Hopelessness c. Chronic low self-esteem
- b. Powerlessness d. Disturbed thought processes

Answer: <https://biology-forums.com/index.php?topic=356130>

Question 9

A child drowned while swimming in a local lake 2 years ago. Which behavior indicates the child's parents have adapted to their loss? The parents:

- a. visit their child's grave daily.
- b. maintain their child's room as the child left it 2 years ago.
- c. keep a place set for the dead child at the family dinner table.
- d. throw flowers on the lake at each anniversary date of the accident.

Answer: <https://biology-forums.com/index.php?topic=355532>

Question 10

Which finding constitutes a negative symptom associated with schizophrenia?

- a. Hostility c. Poverty of thought
- b. Bizarre behavior d. Auditory hallucinations

Answer: <https://biology-forums.com/index.php?topic=355306>

Question 11

A patient admitted for injuries sustained while intoxicated has been hospitalized for 48 hours. The patient is now shaky, irritable, anxious, diaphoretic, and reports nightmares. The pulse rate is 130 beats/min. The patient shouts, "Bugs are crawling on my bed. I've got to get out of here." Select the most accurate assessment of this situation. The patient:

- a. is attempting to obtain attention by manipulating staff.
- b. may have sustained a head injury before admission.
- c. has symptoms of alcohol-withdrawal delirium.
- d. is having an acute psychosis.

Answer: <https://biology-forums.com/index.php?topic=355843>

Question 12

A patient diagnosed with a somatic symptom disorder says, "My pain is from an undiagnosed injury. I can't take care of myself. I need pain medicine six or seven times a day. I feel like a baby because my family has to help me so much." It is important for the nurse to assess:

- a. mood. c. secondary gains.
- b. cognitive style. d. identity and memory.

Answer: <https://biology-forums.com/index.php?topic=355611>

Question 13

A nurse works with a child who is sad and irritable because the child's parents are divorcing. Why is establishing a therapeutic alliance with this child a priority?

- a. Therapeutic relationships provide an outlet for tension.
- b. Focusing on the strengths increases a person's self-esteem.
- c. Acceptance and trust convey feelings of security to the child.
- d. The child should express feelings rather than internalize them.

Answer: <https://biology-forums.com/index.php?topic=355207>

Question 14

Which assessment question could a nurse ask to help identify secondary gains associated with a somatic symptom disorder?

- a. "What are you unable to do now but were previously able to do?"
- b. "How many doctors have you seen in the last year?"
- c. "Who do you talk to when you're upset?"
- d. "Did you experience abuse as a child?"

Answer: <https://biology-forums.com/index.php?topic=355619>

Question 15

A patient demonstrating characteristics of acute mania relapsed after discontinuing lithium. New orders are written to resume lithium twice daily and begin olanzapine (Zyprexa). What is the rationale for the addition of olanzapine to the medication regimen? It will:

- a. minimize the side effects of lithium.
- b. bring hyperactivity under rapid control.
- c. enhance the antimanic actions of lithium.
- d. be used for long-term control of hyperactivity.

Answer: <https://biology-forums.com/index.php?topic=355328>

Question 16

Which nursing intervention has the highest priority for a patient diagnosed with bulimia nervosa?

- a. Assist the patient to identify triggers to binge eating.
- b. Provide corrective consequences for weight loss.
- c. Assess for signs of impulsive eating.
- d. Explore needs for health teaching.

Answer: <https://biology-forums.com/index.php?topic=355658>

Question 17

Which remark by a group participant would the nurse expect during the working stage of group therapy?

- a. "My problems are very personal and private. How do I know people in this group will not tell others what you hear?"
- b. "I have enjoyed this group. It's hard to believe that a few weeks ago I couldn't even bring myself to talk here."
- c. "One thing everyone seems to have in common is that sometimes it's hard to be honest with those you love most."
- d. "I don't think I agree with your action. It might help you, but it seems like it would upset your family."

Answer: <https://biology-forums.com/index.php?topic=356476>

Question 18

Which Western cultural feature may result in establishing unrealistic outcomes for patients of other cultural groups?

- a. Interdependence
- b. Present orientation
- c. Flexible perception of time
- d. Direct confrontation to solve problems

Answer: <https://biology-forums.com/index.php?topic=354857>

Question 19

Personality traits most likely to be documented regarding a patient demonstrating characteristics of an obsessive-compulsive personality disorder are:

- a. affable, generous. c. suspicious, holds grudges.
- b. perfectionist, inflexible. d. dramatic speech, impulsive.

Answer: <https://biology-forums.com/index.php?topic=356022>

Question 20

The nurse interviewing a patient with suspected posttraumatic stress disorder should be alert to findings indicating the patient: (select all that apply)

- a. avoids people and places that arouse painful memories.
- b. experiences flashbacks or reexperiences the trauma.
- c. experiences symptoms suggestive of a heart attack.
- d. feels driven to repeat selected ritualistic behaviors.
- e. demonstrates hypervigilance or distrusts others.
- f. feels detached, estranged, or empty inside.

Answer: <https://biology-forums.com/index.php?topic=355576>